

Burnaby Minor Lacrosse Club

New Player Information Package



Please refer to our website for information

burnabylacrosse.com

Important Dates for 2022

April 8-10	Deschner Days
April 11	Season starts
TBD	Photo Day
End of June	Season Ends
July 7-10	Midget Provincials
July 7-10	Jack Crosby All Star Novice Tournament
July 7-10	PeeWee Provincials
July 14-17	Female Provincials
July 14-17	Bantam Provincials
October	BMLC AGM

Team Jerseys

Team jerseys are provided by the Club and are distributed by the Team Manager.

Jerseys must be returned to team managers at the end of the season. There is a charge of \$200 for jerseys that are not returned. If a jersey is lost or damaged please contact Susan registrarbmlc@gmail.com. All teams novice and above will have both green and white jerseys but mini tyke & tyke players receive one jersey and one pinnie.

Jerseys should be washed in cold water and hung to dry and they are only to be worn during scheduled league or exhibition games and **NOT** during practices.

When attaching the captain "C" or assistant "A" stitch with a big enough stitch that you can remove it without damaging the jersey before you return the jerseys. As well if you need to baste the sleeves or hem up use a loose stitch that you remove before returning the jerseys.

Team Shorts

The cost of shorts is included with their registration fees. These shorts will be distributed via Team Managers. Please provide your child's short size to your team manager ASAP.

Goalie Equipment & Jerseys

Goalie equipment & Jerseys are provided by the Club and distributed from our Storage unit on scheduled dates/times.

Deschner Days

At the beginning of each Minor lacrosse season, Deschner Days (Friday thru Sunday) occurs. This season opening event hosts exhibition games only.

Each team could play one game on the Friday, Saturday or Sunday and on Saturday there is a pancake/sausage breakfast put on by the Burnaby Lions Club (by donation) and a parade of all teams/coaches into Copeland arena.

Photo Day

Each season all teams in the club have their team and individual photos taken at Bill Copeland Centre. Included in the registration fee is one photo mate per player (team photo/individual photo) – the photographer has additional optional packages for parents to select from at an additional charge.

Jack Crosby Novice Tournament

This tournament is hosted by the entire club, which includes but is not limited to helping with timekeeping and scorekeeping the tournament games, running freezies to teams at the end of each game, setting up on the Wednesday night, running the raffle tables and selling 50/50 tickets.

Saturday morning, the Burnaby Lions Club host a “by donation” pancake/sausage breakfast from 9 am till noon.

Team Fees

To cover the cost for any tournaments, clothing, after game player snacks/drinks, season ending party and trophies your manager should request a lump sum from you at the beginning of the season. The Team Manager is responsible to provide an accounting of the collection and disbursement of these funds to ensure transparency.

Burnaby Minor Lacrosse Refund Policy-All refund requests must be directed to the BMLC Registrar

Refund Policy

Up to March 31 at 11:59pm– full refund less \$40 administration fee.

Between March 31 at 11:59pm and April 22nd at 11:59pm – 50% refund.

After April 22nd at 11:59pm – No refund

Injury Procedure - Claims MUST be made within 30 days of the injury

The BCLA has coverage that extends to all members as they may need it. When an injury occurs that may require medical or dental attention please obtain the BCLA claim form from the team manager who will need to sign off and submit to the BCLA office. This insurance coverage comes into effect after all personal insurance coverage has been used.

LACROSSE SPECIFIC EQUIPMENT

CSA or NOCSAE
Approved

Helmet and Mask
(mouthguard required)



Lacrosse Specific
Shoulder Pads



Upper Arm
Guards

Slash
Guards

Back and
Kidney Pads

Lacrosse
Gloves

Lacrosse Stick
34" minimum - Tyke to Pee wee
40" minimum - Bantam and Up

Athletic Shorts
and Cup

Basketball
Shoe



Mini Tyke (boys and girls)

Helmet with face shield (both CSA approved), shoulder pads, gloves (hockey gloves are okay), athletic support (boys must wear a “Jock” with plastic cup and girls must wear a “Jill”, mouth guard, elbow pads (recommended), knee pads (recommended) and a junior lacrosse stick.

Tyke (boys and girls)

Helmet with a face shield (both CSA approved), shoulder pads, gloves (hockey gloves are okay), athletic support (boys must wear a “Jock” with plastic cup and girls must wear a “Jill”, mouth guard, elbow pads, knee pads (recommended), arm slash guards (recommended), kidney/rib/back slash guards (recommended) and a **lacrosse stick with a minimum of 34 inches.**

Novice/PeeWee (boys and girls)

Same as Tyke except: arm slash guards (mandatory), kidney/rib/back slash guards (mandatory).

Bantam/Midget (boys and girls)

Same as Pee Wee except **minimum stick length is 40 inches.**

Where to buy lacrosse equipment

Lacrosse Experts (<https://www.lacrosseexperts.com>)

931 Brunette Ave, Coquitlam

Mountain Edge Lacrosse (www.mountainedgelax.com)

1515 Broadway Street #403, Port Coquitlam

Sports Replay (www.sportsreplay.ca)

20560 Langley Bypass Unit 101, Langley

They sell new and used lacrosse equipment AND do trade-ins on used gear

Cyclone Taylors (www.cyclonetaylor.com)

1020 Austin Ave #A-6, Coquitlam

Sport Chek (www.sportchek.ca)

Metrotown – Burnaby

Big Bend (Marine Way) – Burnaby

Lougheed Mall – Burnaby

Corner Sports (cornersports.ca/poco/)

2276 Elgin Ave, Port Coquitlam

Frequently Asked Questions

Who Runs the Burnaby Minor Lacrosse Club?

BMLC is run by dedicated volunteers. Executive positions are elected at the Annual General Meeting which is held each November. Your current executive is listed on the website and can be contacted by email. Success for the club and teams are that all families volunteer in some capacity. Every team needs a Coach, Assistant Coach, Team Manager, and parents to run the game clock and complete the game sheets. In addition, BMLC hosts the Jack Crosby Novice All Star Tournament every July. Each novice team family must volunteer for a minimum of four hours over the four-day tournament and with the size of this tournament we need help from all the BMLC families. Duties could include timekeepers, scorekeepers, 50/50, raffle table, sales table or other duties. When your Team Manager asks for help please step forward and VOLUNTEER your time. Many hands make light work!!!

Do I Have to Live in Burnaby to Register?

According to BCLA rules, you are to register in your local Association which is where you live. But, if you have played in Burnaby for 2 seasons (because you lived here and then moved) then you can be grandfathered and you will belong to Burnaby. Burnaby as well as Coquitlam, Port Moody and Port Coquitlam are all "NO RELEASE" associations. That means it will not be possible to play away from your home association because they will not accept you and likewise we will not accept their players. You have the right to appeal to the LMMLC but be warned it costs money and if you are released you will go where the league needs players.

How Old Does My Child Have to Be?

The divisions are universal in Minor Lacrosse and are based on your child's age in the calendar year he or she registers.

They are as follows:

- Mini-Tyke: ages 5 and 6
- Tyke: ages 7 and 8
- Novice: ages 9 and 10
- Pee Wee: ages 11 and 12
- Bantam: ages 13 and 14
- Midget: ages 15 and 16
- Junior Girls ages 17 to 21

When Does the Season Start?

The regular season begins mid-April and continues until playoffs/provincials are over in July and pre-season is dependent on when the ice comes out of our arenas but generally mid to end of March. Generally, there is at least one practice per week, one home game and one away game.

It is a short and very intense season involving travel to other communities in the Lower Mainland. The younger kids stay closer to home while the older teams might have away games anywhere in the Lower Mainland and Vancouver Island. Each team will receive a home game time and a practice time for a day of the week (or weekend) from our association floor scheduler as selected by the coaching staff. During the week these times will be in the evening while on the weekend they could be anytime from morning to evening. Your away games are held at the rival association's home game time in their assigned home rink and we have no control over those times.

Who Will My Child Play With?

Box Lacrosse is made up of boys and girls that participate on a co-ed basis in the two lower divisions - Mini-Tyke and Tyke. Beginning at the Novice level BMLC has separate teams for boys and girls. At the start of every season try outs for A1/A2 teams are held for boys where evaluations and team formation occur. The

boys participate in several try out sessions per level (Novice/PW/Bantam/Midget). Every attempt is made to impartially rate where your child is now. Be aware that kids can change quite a bit from year to year. The evaluations are used to help the coaches form teams. At the Mini-Tyke and Tyke levels, every attempt is made to form balanced teams. At Novice and above the teams are tiered and rated into tiers known as A1 A2 B or C (house). These teams compete against similar teams from associations within the lower mainland. The season starts off with a period of comparison (called tiering) to make sure the team evaluations were correct then the regular season is played and to provide the opportunity to move a team within the tiers. In the middle of the season teams can declare in each division (Pee Wee and up) to compete in provincial playdowns and advance to compete for a chance to be provincial champions at the Provincial tournaments.

Forming Teams and Time Commitments

After a general assessment period in Feb/March/April teams are formed. For Mini-Tykes and Tykes every effort is made to balance teams. At this level the kids generally practice once a week and that will be assigned. They will also receive a home game time. Every week they will have a game at that time at home unless they are scheduled for an away game. What you don't have control over is your away games. These are in another town and according to their home schedule. Your manager will do their best to get all your games in. Sometimes there are cancellations and makeup games. The result is that occasionally you will have multiple games in the week and then a slow week, etc. Do your best, and let the manager know at the beginning of the season how difficult attending is going to be for your player. At Novice and above, the teams are tiered. So, you have higher ranked teams with higher skilled and experienced players all the way down to beginners. The higher your tiering the more is expected of your player. Attendance is a huge factor so please indicate to the evaluators / coach if attendance is going to be difficult or not as a result of your schedule or the kid's schedule (playing hockey, soccer, etc.). Your son will be placed on a team that will require less attendance of him to allow him to make the other conflicts. We still would like your player to make games and practices to get better but everyone has to be realistic. Everyone is busy. It is only fair to other kids and their families that want to make the time commitment and dedicate themselves to the "A" team that they know they and all the kids on the team will be at every practice and game. It is difficult to accommodate friendships because of tiering. The best we can do is allow a more advanced player to play down with his friend rather than allow a less skilled player move up to a higher level. We must be fair to all the kids that want to play for the rep team.

What are the Games Like?

Box Lacrosse is exciting and Canada's official summer sport. It looks much like hockey with lines and positions yet involves a lot of running like soccer. Depending on the age level, contact may or may not be involved. Modified rules in younger ages categories include: players being rotated in 3-minute shifts; when the ball is turned over the defending team must clear the offensive zone; minimum number of passes must be attempted before a shot, etc. Box lacrosse is a physical sport and injuries can and will occur. The rules are there to protect the flow of the game and the players, yet it takes some getting used to when little Billy is getting knocked around the first couple of times. It is an adjustment for the player and the parents. The rules allow for more contact as the kids get older yet excessive or illegal contact will be punished according to the rules. The lower levels are refereed by refs who are generally players only a few years older than those they are reffing. This progressive system continues into the higher ranks where many times adults will be handling the older players. While officials on the floor receive a stipend for each game they work remember they are learning and have various degrees of experience and sometimes mistakes can be made. Abuse in any form of any officials is not tolerated at home or away and can result in suspensions.